BULLETIN

OF THE

ORIENTAL ESOTERIC CENTER

Published weekly by the Oriental Esoteric Society at 1443 Q Street N. W., Washington, D. C.

Vol. VII

Friday, July 28, 1911

Annual Subscription, 50 cents Six months, 25 cents Three months, 15 cents

THE BULLETIN

Like the rest of the world, our little BULLETIN also takes a short vacation in the heat of summer. The present issue will precede the usual five weeks' intermission beginning August 1st; so that our Subscribers will not hear again from us until September 8th.

It is proposed to take steps in the immediate future to enlarge very much the usefulness of the Bulletin as an Esoteric Organ, and to make it more especially representative of the Society as a

To this end a good deal of the space that has been devoted to Book Lists will be in future taken by Reports of the various Branches of the Work, insofar as these are inspiring to the general reader and stimulating to the energies of the workers.

A number of new Departments of great usefulness will be added to the subject matter; there will be a monthly Children's Page, a Parents' column, Astrological Data for the month, Answers to Questions of General Interest, Letters from our Members at Home and Abroad, occasional Articles from the pen of Eminent Personages who are interested in matters esoteric, and many uplifting and inspiring words from all sources in the form of quotations.

This increase in editorial work and the consequent elimination of the Book Lists will entail much additional expense, and it has been decided to make the rate of subscription one dollar a year, 50 cents a half-year, and twenty-five cents for three months, beginning October 1st of this year. All subscriptions entered before this date will be subject to the former rate. The issue will be weekly as usual and in every other way the same as formerly.

REST

We all have leisure moments, even those who know it not. What use are we making of them?

Is it true that we are at liberty to waste our leisure as we choose? Is time ours to use or to misuse as we elect?

The man who is little evolved, whose desire nature is still strong, will say, "Yes, we are free." But the man in whom the Divine speaks, will answer, "Truly, nothing is ours to fritter away,

for as we sow, so shall we rean."

The secret of rest is change, a using of that part of the nature which has been quiescent during the day's work; this interchange will not only recuperate, but will also round out the individual, so that from being a man of one idea he becomes one of large sympathies, of great acquirements—a power.

Perhaps we are at the head of an important work; all day long we have been using our will in urging on those who are engaged in furthering it,—we have had to supply all the requisite motive power. Our leisure then will be best spent in reading or in some other occu-

pation which makes little demand upon the will.

With many, however, the opposite is the case. Their daily routine obliges them to conform always to the will of another, until, if they do not wisely employ their leisure time in the pursuit of some favorite occupation which gives them scope for the use of their own will and judgment, they lose gradually the power to decide anything for themselves; day by day their will grows weaker, their life narrower and more selfish; they wonder often if it is indeed worth living.

Cherish the will, we say to these; engage, during your spare time, in some active work which you love and which you yourself control. Will is the first of powers—will used not to control others for your own advantage, but will, used in active service for the

good of all. This is the noble life.

"To every thing there is a season," the wise man tells us, "and a time to every purpose under the sun." There is a time to work, when we must labor diligently for the furtherance of the Divine purpose; and afterwards there is a time to rest, while the energies expended are renewed, the victories achieved are gone over and made part of the active motive power for new progress and the whole being is re-adjusted, strengthened, and poised for the next upward flight.

And so most men, and rightly, set aside one month out of the twelve for a change of scene, relaxation, for the enjoyment of whatever occupation or pleasure rests them most and therefore best

strengthens them for the coming year.

Change is one of the essentials of rest. If your ordinary avocation is sedentary, your holiday should stimulate you to exercise—not suddenly but gradually; if you live inland, the sea will be restful; if in the lowlands, seek the mountains for your rest and change.

In this way we remain young for we avoid becoming set in a groove or rut.

"The Art of Forgetting" is a necessity; all business cares must be left behind, all griefs and troubles of whatever nature be resolutely set aside for the time, everything connected with the ordinary routine should be forgotten, if we would derive from our holiday the best that it holds. Forgetting is an art, and it needs to be learned before we can be sure of resting even in otherwise ideal circumstances.

Then having relaxed and forgotten, we begin to take a gentle interest in the new life around us; the majesty and tumultuous roaring of the sea and the rocky heights of the mountains inspire us with awe, the new faces interest us, the very scents and sounds, the flora and the fauna, the habits and the dress of the new environment, all in some mysterious way, bring us repose and delight. We fall with zest and eagerness, into the ways of life in which we find ourselves; the very contrast between the triviality of these compared with the momentous issues of our busy home life adds a charm we do not care to analyze but which we feel and eagerly drink in.

Thus we rest, not by sleepily droning away our time in enforced and dreary idleness, but by a natural breathing into the depths of our being the latent Divine energy, from plant and flower, from silence as well as from the rippling of the waters,—we rest in the

Presence of God.

Through every fiber of my brain,
Through every nerve, through every vein,
I feel the electric thrill, the touch,
Of life, that seems almost too much.
O Gift of God! O perfect day,
Whereon shall no man work, but play;
Whereon it is enough for me,
Not to be doing, but to be.

-Longfellow, A Day of Sunshine.

A VACATION FOR THE BULLETIN

The publication of the BULLETIN will be suspended as usual for five weeks, commencing August 4th. The next number will be issued September 8th.

The office of the Librarian will be open without interruption for the loan and sale of books and for general correspondence relating to the Society. Subscriptions and membership applications will be received as usual. The Secretary's office will also be open.

SOME CHEAP BOOKS

(August 1911)

(Subject to change without notice)

The following books, surplus or withdrawn from circulation, will be sold at the prices stated, postpaid. Send cash with order, stating substitute; we cannot send bills or correspond about small If books ordered have been sold, we reserve the right to substitute, without notice, unless otherwise directed, in which event the amount will be credited, or, if desired, applied to a subscription to the BULLETIN. These prices do not apply to loaned books.

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A fire-mist and a planet—
A crystal and a cell—
A jelly-fish and a saurian,
And caves where the cave-men dwell;
Then a sense of law and beauty,
And a face turned from the clod—
Some call it Evolution,
And others call it God.

A haze on the fair horizon,
The infinite, tender sky,
The ripe, rich tint of the cornfields,
And the wild geese sailing high—
And all over upland and lowland
The charm of the goldenrod—
Some of us call it Autumn,
And others call it God.

Like tides on a crescent sea-beach
When the moon is new and thin,
Into our hearts high yearnings
Come welling and surging in—
Come from the mystic ocean,
Whose rim no foot has trod—
Some of us call it Longing,
And others call it God.

A picket frozen on duty—
A mother starved for her brood—
Socrates drinking the hemlock,
And Jesus on the rood;
And millions who, humble and nameless,
The straight, hard pathway plod—
Some call it Consecration,
And others call it God.

-William Henry Carruth.